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2025-26年度學年主題
2025-26 Academic Year Theme

寶山尋徑

Delving into the treasures of knowledge;
Embarking on an enriching quest for wisdom.

學海揚帆

我們都是不平凡

韓愈說：「世有伯樂而後有千里馬。」

伯樂是古代著名的相馬師，善於發掘具潛質的千里馬。在校園裡，老師正是這樣的伯樂——他們細心觀察、耐心引導，只為讓每一匹「千里馬」都能奔馳出自己的精彩。

我深信，每名學生都有自己的才能，也應該擁有自己的舞台。

上帝真好，賦予每名孩子不同的恩賜才華，有些是語文的，有些是藝術的，有些是科技的..... 而教育，就是一場溫柔的琢磨，讓這些璞玉逐漸綻放光芒。

基協重視每一位學生的價值，深信每人都不平凡——事實上，沒有兩個人是完全一樣的。

在這本小冊子，你會在字裡行間讀到青春的悸動、創意的火花，甚至未來的作家、攝影師、科學家的身影。它們或許稚嫩，卻真誠而勇敢。這本小冊子，不過是一個小小的空間，我期望，他們日後有更廣闊的舞台。

感謝老師們的引導，讓孩子相信自己的不平凡；

感謝同學們的分享，用作品溫暖彼此的心靈；

感謝編委團隊的付出，讓這些故事被看見；

也感謝你，親愛的讀者——你的翻閱與目光，已是對他們最大的鼓勵。

我期望基協繼續為每位學生搭建成長的舞台，每位孩子都在舞台上綻放光芒。

羅裕安校長

中文科

創意閱讀報告

宋人風流
魏策好優文化

介紹投壺
投壺起源於古代的射禮，春秋開始流行，南北朝時期娛樂性增強，唐宋到鼎盛。

從投壺這項民間運動能看出宋朝社會文化的廣泛性，不同階層的人都能在投壺中找到樂趣，下至平民百姓上至皇室貴族，也因此可以看出宋朝人民對安居樂業和對禮儀、道德修養的重視。

中一 張宸鈺

《宋人風流》

中一 張宸鈺

宋人風流
魏策(著)
好優文化出版

讀完《你讀以仁》中關於投壺的記載，彷彿穿越時空，窺見東漢時期獨特的社會文化圖景，內心滿是對古人雅致生活與文化傳承的感慨。當中短短的几處投壺記載，都蘊含豐富文化內涵，讓我領略到東漢時期獨特的文化魅力，也讓我意識到優良文化傳承的重要性，激勵我去探尋更多古人智慧，將優秀傳統文化發揚光大。

本書有提到《東觀漢記》當中關於投壺的記載，主要是在東漢時期的一些情況，且書中舉例皆用儒術，對酒提樂，以雅歌投壺，体现出士階展現文雅風範，進行娛樂社交的重要方式。還記載了在東漢京都洛陽，達官貴人宴飲時“雅歌投壺”，這反映出投壺在當時的宴飲場合中極為盛行，是一種雅俗共賞的娛樂活動，具有社交和文化的雙重意義，不僅能增添宴飲的樂趣，還能彰顯參與者的文化素養和身份地位。

中一 黃思源

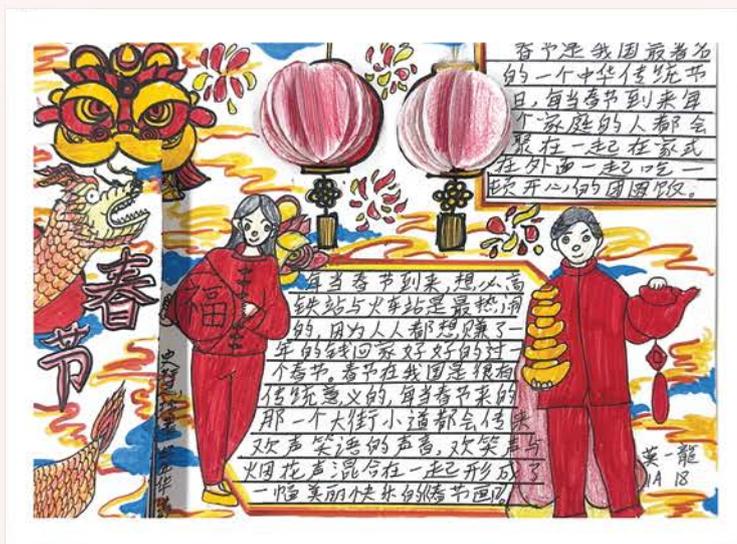
中一 黃思源



中外傳統節日

中一段斯琪

中國傳統節日對中國人而言，是民族團聚，文化傳承與精神歸宿的象徵，承載着敬祖，祈福團圓的倫理內涵，體現農耕文化對自然時序的敬畏。而聖誕節在西方則兼具宗教性與世俗化既是基督誕生的神聖紀念，也是家庭歡聚，慈善饋贈的溫馨時刻。



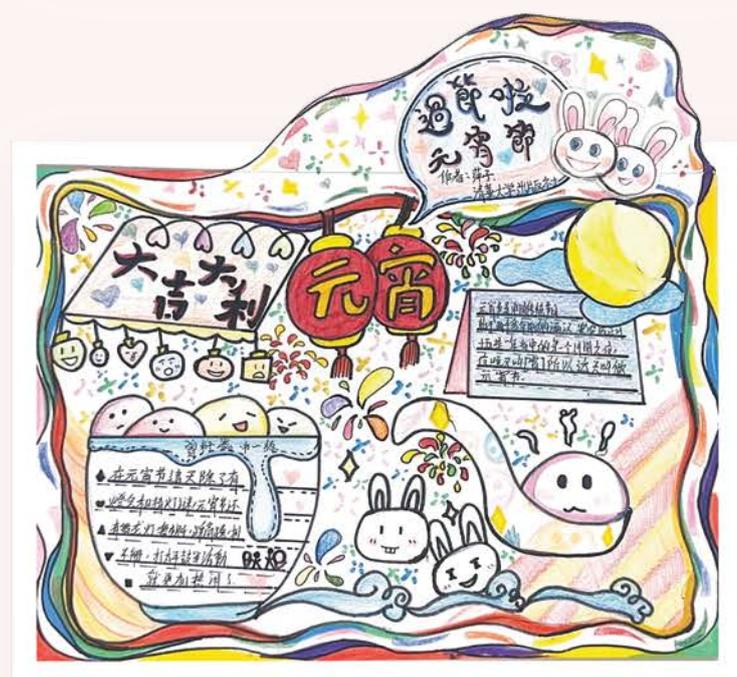
春節

中一莫一龍

春節是我國最著名的一個中華傳統節日，每當春節到來，每個家庭的人都會聚在一起在家或在外面一起吃一頓開心的團圓飯。

每當春節到來，想必高鐵站與火車站是最熱鬧的，因為人人都想賺了一年的錢回家好好的過一個春節。

春節在我國是很有傳統意義的，每當春節來的那一個大街小巷都會傳來歡聲笑語的聲音，歡笑聲與煙花聲混合在一起形成了一幅美麗快樂的《春節畫》。



元宵節

中一曾籽恩

元宵節是中國傳統節日，始於兩千多年前的西漢，農曆正月十五是一年當中的第一個月圓之夜，傳說又叫「宵」，所以這天叫做元宵節。

在元宵節這天，除了有燈會和猜燈謎，還有舞龍燈、舞獅子、踩高蹺、扒旱船、打太平鼓等活動，就更加熱鬧了。

校園觀景有感

中一 梁穎煊

晴朗的天空中，一片片雲如輕盈的薄紗浮在湛藍的底色上。紛飛的落葉，恰似蝴蝶在翩翩起舞。陽光俏皮地穿過樹梢，溫柔地灑在校門，綻放出一層又一層的光芒。平常趕著上課，今天終於能放慢腳步，細看校園的風景。

走到學校大門，兩側的老師看到我們，都朝我們不約而同地露出甜美的笑容，並溫柔地揮著手說「早安」。

我順著潮水般的人群魚貫而入。同學們三三兩兩在寬闊的副堂中互相打趣，分享著昨晚的趣事，笑聲如同銀鈴般在空氣中迴盪，縱然同學們戴上了口罩，但是眼角溢出的笑意，就如銀河灑落的星光一般，讓人感受到青春的朝氣。

沿著樓梯拾級而上，回到熟悉的班房，抬眼望去，兩兩並排的座位，我順著記憶找到了屬於自己的座位。

「鈴鈴鈴——」久違的鈴聲響徹整個校園。黃昏來臨，落日的餘暉四散在校園的每處角落。背上書包的學子，肩並肩，三三兩兩相約離開校園。他們跑著，跳著，說笑着，盡情享受著校園的美好。

校園是世間許多美好都無法相比的風景。我的校園雖然小，但是五臟俱全。校園的每個角落都值得我們去探索，或許你會發現全新的校園。

我的老師

中二 李雅詩

夏日蟬鳴連連，教室內嘈雜不斷。忽然，一個緩緩走近的纖細身影吸引住了同學們的視線，此起彼伏的交流聲漸漸弱了下來。隨後一道清脆的聲音響起：「同學們好，我是林老師。」同學們對此議論紛紛，六年級如此重要的階段還要換新老師嗎？

我坐在角落細細打量著林老師，然後面頰卻悄然染上了一層薄薄的緋紅。一頭柔順亮澤的烏髮軟軟地搭在她的肩頭，垂落至腰間。一雙水靈靈的杏眼嵌於彎彎的眉下，眨呀眨，彷彿會說話一樣。小巧圓潤的鼻子與緋色的唇瓣在一顰一笑間盡顯出溫柔的性子。我不由得對這位年輕的林老師產生好感。

林老師是我們班的英文老師，隨著時間的推移，大家與她逐漸熟絡起來。

一堂英文課上，我因為一道閱讀理解題目而絞盡腦汁。正當我氣餒即將放棄時，抬頭卻忽的對上了一雙含笑眸子。林老師似乎是看出了我的灰心，於是輕聲開口詢問道：「需要幫忙嗎？」我愣了愣神，點點頭。隨後林老師半俯下身子，她用手將垂落的碎髮別至耳後，隱隱的茉莉花香隨著她的舉手投足緩緩飄入我的鼻腔。「來，我們首先看這裡……」林老師為我指出幾個重點，三言兩語便把題目講得清晰明了。聽完講解的我茅塞頓開，露出恍然大悟

悟的神情。林老師見到我這副模樣笑了笑，抬起手輕撫我的髮梢，我只看見她嘴角揚起淺淺的弧度，兩旁還有一對小梨渦。她溫柔而堅定地說道：「加油喔！」隨後便起身離去。林老師掌心溫暖的觸感在我頭頂久久不能消失，一粒種子在我心中發了芽。

在林老師的細心教導下，我的英文成績有了不小的進步，卻在期末考試這天發揮失誤了。同學們都帶著優異的成績回了家，只有我一人獨自趴在桌上抽泣著，一片陰霾將我籠罩起來。當我沉溺於悲傷之中時，我再次嗅到了那陣熟悉的茉莉花香。我抬起臉來，又對上那雙含笑眸子。那清澈眼眸好似一片平靜的湖，映照著她內心的柔軟與善良。我錯愕地看著林老師，眼淚在眼眶中打轉。林老師敞開懷抱將我擁入懷中，溫暖驅散烏雲將我包裹。「沒關係的。」她一手輕拍我的脊背輕聲說道，好似一道陽光照入我內心貧瘠的土地。不久，我就在這片溫暖中平靜下來，那小條枝芽生了花。

時間如細水長流，我與林老師早已失去聯絡，但每當遇到挫折時，那雙含笑眸子彷彿又出現在我眼前，鼓舞著我前進。

倘若有機會再與林老師相見，我想真誠地對她說：「林老師，感謝您！」

蠟筆

中二 陳紫玉

蠟筆，既容易斷，又會在畫畫時，弄得滿手都是顏料。作為一個喜歡畫畫的人，我家的顏料其實數不勝數，可偏偏沒有蠟筆，因為它在我眼中，真是個全是缺點的顏料。

陽光透過玻璃窗，照射在桌面上。這是一節再普通不過的視藝堂，老師為了讓我們畫出畢加索抽象派的抽象，決定讓我們用蠟筆來完成這幅畫。這已經是我時隔多年再次拿起蠟筆，果然黏膩的觸覺還是沒有改變。「真討厭。」我默默地呢喃道，但為了完成畫作，還是拿起一支支蠟筆，為空白的畫紙填上一個個色彩。但不得不誇一句，蠟筆的延展性很好，塗出來的顏色鮮豔又清楚。那蠟筆還是有點優點的。

畫著畫著，手中本就用了一大半的蠟筆，現在已經所剩無幾，就只剩下孤零零的一節了。「哎呀，這蠟筆就是不經用啊。」我停下了手中的動作，指間捏著那僅剩一節的蠟筆。透過陽光的渲染，那用來塗草地的淡綠在手中閃閃發

光。回想起我剛拿到它時，還可以輕鬆地握住它，可現在，必須緊緊地把它按在紙上，它才肯把色彩「傳染」到白紙上。它其實犧牲了很多。一支小小的蠟筆，會為了填滿色彩，而讓自己變越來越小。

不知為何，我突然覺得，這蠟筆，真的很像生活中，每個默默付出的人，總是這麼默默無聞地竭盡所能地付出自己所有。他們的目的，都只有一個，為了讓世界充滿色彩。就好像是為國捐軀的戰士，或者是小到每個家庭都有的一個母親。他們都犧牲了自己的一切，小到一點時間，大到自己的生命。或許在他們的眼中，這也是為了讓這個世界充滿色彩。

在這個灰暗的世界裡，有許多為了帶來色彩而犧牲的人。他們用自己的「顏色」來補上世界的灰色，讓這個世界在不知不覺中，變得多姿多彩。如果沒有他們如同蠟筆一般的犧牲，或許也就沒有這色彩繽紛的世界了吧。



《努力才會成功》

中三 安子薇

在這社會中，怎麼樣才會成功呢？我的答案是——努力。我們從一出生就開始了長跑比賽，有的人一出生就在領跑，我們可以做的就是努力！努力地 toward 目標前行。

就好像龜兔賽跑一樣，比賽一開始，兔子就跑得十分迅速，而烏龜卻是一步一步慢慢地爬。在比賽進行到一半的時候，兔子認為烏龜一定不會趕上他，他就在綠油油的草坪上睡起了大覺。烏龜從沒有休息過，他不認為兔子一開始跑得比他快，他就一定趕不上兔子。他一步步，奮力地爬著，沒有放棄。

太陽升到了半空中，兔子睡醒了，他望了望四周，發現烏龜已經快到終點了。兔子急忙起身，拼命地向終點跑去，但最終還是輸給了烏龜。

這個故事告訴我們，無論起點如何，只要我們努力，不放棄，就有可能取得成功。送給自己的努力才會成功，這是我對成功的理解和信念。

兔子望向終點的方向，一臉的驚訝。他眨了眨眼，發現自己沒有看錯，急急忙忙地站了起來，迅速地跑向終點，像草坪上飛馳的野馬一樣，可是一切都晚了！烏龜雖然滿頭大汗，但臉上卻有著燦爛的笑容，他成功了！成功地到達了終點。動物

們為他歡呼，邊上的小花好像知道烏龜成功了，花開得越大就像在微笑一樣。

所以，怎麼才會成功呢？是自以為是嗎？是放棄嗎？我想你已經知道答案了。我們想超過其他人，就一定要更努力，開始就領先的人也不一定是第一，就像半路放鬆的兔子。我們可以在其他人放鬆的時候更勤奮努力，一定可以超過他人！烏龜最後不是成功了嗎？

現在，我們向著一個目標而努力著，那就是——大學。半途而廢是不會成功的，只有一直努力，遇到困難的第一時間去解決而不是放棄，日復一日，年復一年，就一定可以成功。失敗是成功之母，就算我們在努力後，結果還是不理想，我們也要繼續前進，找一找失敗的原因，多問問自己為什麼？是哪些做得不夠好？

多進行反思，我想你一定會進步的。沒有人的一生是完美的，多多少少會有些大山擋住你向目標前進的路。我們應想方法解決，而不是放棄，因為放棄一定是失敗的！對我而言，天才的成功是百分之一的天賦和百分之九十九的汗水，只有努力前行，我們才會看到自己的美好未來。「山重水複疑無路，柳暗花明又一村。」意思就是努力才會成功吧。

《雨過天晴》

中三曹小爲

聽了媽媽的話，我心中那層黑壓壓的烏雲也逐漸散去，一縷縷的陽光穿過雲層，將我輕擁得十分溫暖。

秋天吹走了夏天的炎熱，微涼的風吹過臉頰。抬頭望著匯集在天空的烏雲，密密麻麻的，籠罩著整個校園。

「期中考試成績排名榜出來了！」一名同學急匆匆跑進教室，宣布了這條消息。於是，便有同學爭先恐後地小跑出教室，我心中緊張萬分，跟上了隊伍的步伐。一出教室，樓梯口擺放的排名榜被人群堵得水洩不通，黑色的腦袋晃來晃去，我上前慢慢擠進人海，抬眸看著眼前排名榜，目光從上往下尋找著我的名字，越往後心就越涼，終於，熟悉的名字出現了，在榜倒數第二……心中緊繃的弦斷了。失魂落魄走出人群，心中的鬱悶圍繞著心頭，「為什麼會這麼差？之前明明都在三十名的，現在怎麼到了四十八名？」腦海裡不禁嘆了口氣。「轟隆！」天空一聲巨響，頓時下起了傾盆大雨，雨滴拍打著窗戶，留下淅淅瀝瀝的痕跡，彷彿跟我心中的心情依依相惜。

「一心！班主任找你！」耳畔傳來同學的聲音，思緒回籠，我站起來往門口走去。班主任，一位有著乾淨俐落短髮，戴著厚黑框眼鏡的女士，站在走廊，低頭看著手中的資料。我站在班主任旁邊，抿著嘴唇，手緊握衣角，心裡忐忑不安；班主任抬眼看著我開口道：「一心，你看了排名榜了吧？你知道你成績下降多嚴重嗎？我看了你試卷，你粗

心大意導致了失分，我會把成績表發給你媽媽看的，你回去反思一下吧。」說完擺了擺手就讓我回教室。

下課鈴響起，我恍若未聞；慢吞吞收拾著書包，心中沉甸甸的，腦海止不住想著今晚媽媽會說些什麼。背上書包走出了教室，抬眸發現天空還是灰濛濛一片，細針似的雨一顆顆落在腳邊，我撐著傘慢慢走，平時十分鐘的路程被我慢吞吞拖到二十分鐘才到家。

推開大門，媽媽在廚房忙碌的身影，鼻尖是飯菜的飄香。媽媽轉頭看見我說：「一心，回來了就坐下吃飯吧，媽媽做了你愛吃的紅燒排骨。」我放下書包輕輕說：「嗯。」這時，媽媽端著兩碗飯坐在我對面，我忐忑不安地開口道：「媽媽，你看見班主任發的成績表了嗎？」「有啊，怎麼了？」媽媽回應道，我不解地抬頭：「我成績排名下降了，你不生氣嗎？」媽媽夾了塊排骨放入我碗中，眉毛揚起，笑著說：「這次考差了沒關係，下一次不粗心大意就好了。」媽媽的眼裡流露出讚許，蘊含著關愛，心裡那懸著的石頭終於放下。剎那間，望向窗外，灰濛濛的烏雲散去，雨過天晴，隱隱有道彩虹出現，終迎絢爛多彩。

風拂過，將心中的陰霾驅散。望向窗外，灰濛濛的烏雲漸漸散去，雨過天晴，隱隱有道彩虹出現，彷彿在預示著未來的希望與光明。這一刻，我明白了，成績並不是一切，重要的是從中學習與成長。媽媽的寬容與理解，讓我重新找回了信心，迎接明天的挑戰。



逃避

中四 李陽

逃避在生活中十分常見，逃避問題、逃避責任、逃避處罰，但是逃避真的就能逃得掉嗎？

清晨，推開窗戶，點點晨曦躍進窗台，微風拂面，我正拉著弟弟準備去幫媽媽買東西。我和弟弟拿著錢便出門了，一路上有說有笑的，我四處張望，不禁眉開眼笑，弟弟也興奮的活蹦亂跳。

我們來到超市，按照媽媽的指示買好醬料，發現還剩下20元，我和弟弟立馬飛奔到最愛的零食區，我左顧右盼，被眼前的零食所吸引，根本選不過來。弟弟立刻選了兩包蝦條和糖果，但我卻將糖果放了回去，搖搖頭無奈地說道：「不行，錢不夠了，下次再買。」就這樣我拿著蝦條和醬料就去付錢了。收銀員阿姨看見我們和顏悅色的說道：「你們又來幫媽媽買東西啊，可真懂事。」我笑咪咪的看著阿姨，心裡彷彿樂開了花。

付完錢後，我和弟弟走在回家路上，可就在這時，我看見弟弟從口袋裡拿出沒付錢的糖果，頓時我不知所措的望向四周，我的內心惶恐不安，眼神飄忽不定，額頭冷汗直冒，緊張得把嘴唇都咬破了，心裡嘀咕著：弟弟竟然因一己私欲偷東西，應該沒有人看見吧，但我又該怎麼辦？

一路上我心神不寧，思考著要不要告訴媽媽，但最終因為怕媽媽責罵弟弟及處罰我，而決定選擇逃避，隱瞞這件事。

回到家後，我心不在焉的把醬料給了媽媽，便回房間去了。回到房間我躺在床上，雙眼空洞的望著天花板，心中彷彿被千萬斤石頭堵的呼吸不過來，我皺著眉頭面如土色，開始喃喃自語起來：「若是告訴媽媽不僅要挨罵還要被處罰。」「躲得過初一躲得過十五嗎？」

「逃避就沒人知道了。」「逃避就不用挨罵受罰了。」我思來想去內心十分掙扎，我不能置之不理，卻又不想因此被罵，我心亂如麻，最終道德價值戰勝了我內心的恐懼，我決定承擔錯誤帶來的後果。

我來到媽媽面前，提心吊膽地坦白了一切，出乎意料的是媽媽並沒有責怪我，反而語重心長的說道：「逃避解決不了問題，你還會因此擔驚受怕，你選擇去直面錯誤，說明你意識到逃避不是長久之計，人人都會犯錯，知錯能改，才是最寶貴的，只有這樣才能真正解決問題。」媽媽又拿了20元給我，讓我去超市和阿姨說清楚，再把糖果的錢給付了。

再一次踏上前往超市的路，腳步卻是沉重的。來到超市門口，我思慮再三，終於邁出了腳步，向阿姨說明了一切，我害怕地扣著手，眼神閃躲，冷汗從額頭滴落。阿姨笑著說：「好孩子，知錯能改就行了，弟弟還小不知是非對錯，你替他來承認錯誤，說明你成長了，糖就算阿姨請你們吃的，快回家吧，下次不要再這麼做了哦。」聽完阿姨的話，我激動得連連點頭，朝著回家的方向走去。

這一次走在回家的路上，我不再提心吊膽，心中千斤重的石頭也就此落下，腳步變得輕盈，眉頭舒展開來，嘴角上揚，眼神帶笑的望著如往常一樣的回家路。我因不被處罰而感到開心，也因自己選擇不再逃避而感到自豪。

通過此事我明白了：人的一生會有許多想要逃避的時候，但是沒有人能真的逃得掉，內心一定會掙扎不安，受盡折磨。而且逃避也都是暫時的，所以與其因此而忐忑不安，不如選擇去直面困難，因為你所逃避的都是你當下最害怕的，而當你去直面它時，也就證明了你不再害怕，「兵來將擋，水來土掩。」不要逃避，勇敢面對。

水

中五 陳慧瑩

仰觀宇宙之大，水是生命之源；俯察品類之盛，萬物離水而枯。它無處不在，無處不有，與我們的生活息息相關，也無聲訴說著做人的道理。

人生之道當如水，靈活多變，審時度勢。水是沒有形狀的，也可以是任何形狀，視乎所處的容器、所處的環境。就像大自然的魔術師，時而化為迷濛濛的霧，時而化為淅瀝瀝的雨，時而化為白皚皚的雪，極具多元變化之美。回望過去，二十世紀五十年代初，在生產力落後、經濟匱乏的情況下，出於「眾人拾柴火焰高」的考慮，採用了農村合作社的方式來促進農業發展。到了七十年代，合作社已不適應當時的情況，於是家庭聯產承包責任制登上了歷史舞台。展望現在，我國據時代之變，審時度勢，提出共建「人類命運共同體」的理念，展開「亞投行」的藍圖，為各國提供機遇，共創美好未來。藺相如審時度勢，為趙國主動避讓廉頗的羞辱；張良察朝堂之詭波，及時隱退，終得善終；諸葛亮觀天下大勢，精心策劃了赤壁之戰，利用火攻大敗曹軍，奠定了三國鼎立的局面。可見其審時度勢能夠不斷促進個人的提升，更好發揮自身的才能。

人生之道當如水，點滴積累，矢志不移。涓滴之水終可磨損大石，不是由於它的力量，而是在於晝夜不停的滴墜。譬如泉水，鮮受關注，卻非只在沉默不語的流淌，而是在積蓄噴湧的力量，等待合適的時機迸發。王羲之遒勁健美的「天下第一行書」背後，是無數個勤學苦練的日日夜夜，連用來洗墨

的池子都被染黑，可見其矢志不移的毅力與點滴積累的效果。樊錦詩自北京大學畢業後，她四十年如一日扎根大漠，致力於石窟考古、石窟科學保護和管理，破除傳統文化與現實社會之間的隔膜，大力發展「數字敦煌」這一工程，為敦煌莫高窟這一文化遺產的傳承與發展工作作出了卓越貢獻。可見其長期積累終得到豐碩的收穫。正如唐寅所言：「淺淺水，長悠悠，來無盡，去無休，曲曲折折向東流，山山嶺嶺難阻擋，同伊奔騰何時歇，不到大海不回頭。」不懼道路的曲折，不畏山嶺的阻擋，以堅韌不屈的心態、矢志不移的毅力，追尋理想的人生之海。

人生之道當如水，靜水流深，無私奉獻。《道德經》曾曰：「水善利萬物而不爭。」水有利於萬物，卻不與萬物爭利，默默為其帶去生命之水。在生活中，總有那麼些人如水的品性一樣，為人處事低調，捨小我，為大家，像水一樣滋潤萬物。在北京，眼科醫生陶勇堅持醫學理想，受傷後仍活躍於科研科普界；在麗江，華坪女高的校長張桂梅為辦好學校，鞠躬盡瘁，托起無數孩子的夢想；在湖南，袁隆平在山坳的泥土中播種希望，在祖國的大地上書寫功勳，他收穫的不僅是個人「禾下乘涼」夢想的實現，更是人民的溫飽和國家的安定。這些奉獻者的精神如涓涓細流匯成萬頃碧波，在時代洪流之中始終熠熠生輝，照亮我們民族復興的道路。

生命如水一程，也當有水的品性。願我輩青年皆能領悟水之道，運用水之道，成為搖曳天際的一代後浪！

金筆獎——第三屆全港中小學中文硬筆書法比賽

姓名 陳蕙瑩 班別 4B 就讀學校 中華基督教會基協中學

(高中組 —— 參加表格)

民	尊	君	之	之	君	嚴	因	之	也	大	天
	作	子	悖	厚	臣	而	親	膝	夫	於	地
	事	則	德	莫	之	治	以	下	聖	嚴	之
	可	不	不	重	義	其	教	以	人	父	性
	法	然	敬	焉	也	所	愛	養	之	嚴	人
	容	言	其	故	父	因	聖	父	德	父	為
	止	思	親	不	母	者	人	母	又	莫	貴
	可	可	而	愛	生	本	之	日	何	大	人
	觀	道	敬	其	之	也	教	嚴	以	於	之
	進	行	他	親	續	父	不	聖	加	配	行
	退	思	人	而	莫	子	肅	人	於	天	莫
	可	可	者	愛	大	之	而	因	孝	則	大
	度	樂	謂	他	焉	道	成	嚴	乎	周	於
	以	德	之	人	君	天	其	以	故	公	孝
	臨	義	悖	者	親	性	政	教	親	其	孝
	其	可	禮	謂	臨	也	不	敬	生	人	莫

*請由右方手行開始，直行書寫，不需要留空格。必須以原子筆/走珠筆/水筆書寫（藍色或黑色），不可使用塗改液或改錯帶。



隱藏

中五 馮康源

「隱藏」是成長的催化劑，是成熟過後的利刃。人們在不同的階段，總是有著不同的秘密、情感、想法等等。不過大多數人都會選擇隱藏，而在成長的過程中，適當的隱藏是好事還是壞呢？而又在成熟後，隱藏又是否是一件好事呢？

在我的小時候，我一直都不太懂得隱藏，無論是私密上或情感上，一直都不認為適當的隱藏有何用。在一次測驗中，因為過去的努力，想當然我拿到了還算不錯的分數，當時的我不懂隱藏，在看到我的同學不合格，便開始說道：「你沒有溫書吧？」在我說完這一句，他便沉默了。這時我並不知他心裡在想什麼，或許他在隱藏著什麼。看著他沉默，我也只好自討沒趣，繼續看著我的試卷。回想起當時，如若知道真相便不會說出那句話，我覺得那一句像利刃一樣傷害著他。後來我在走廊的通道偶然聽到了其他同學說：「哎！你知不知道一心的婆婆病了，一心要去照顧她，才沒有溫書。」這時候我才知道一心原來有苦衷。我開始後悔說出那句話。我應該適當地隱藏自己的情感，這是我成長中學到的一課，催使我成長。

自從那次事件後，我開始將自己的情感和秘密深埋心底，彷彿它們是脆弱的瓷器，稍有不慎便會破碎。然而，隨著時間的流逝，我漸漸發現，這種過度的隱藏如同一層厚重的面具，將我與外界隔絕。每當朋友們在聚會中暢談心事，我總是微笑著點頭，卻不敢透露半分心聲，生怕一不小心便會揭開那層面具。內心的孤獨如同無形的枷鎖，緊緊束縛著我，讓我在喧鬧的人群中感到無比孤寂。終於有一天，

我站在鏡子前，凝視著自己那雙空洞的眼睛，心中不禁自問：「這樣的隱藏，究竟是保護了我，還是讓我迷失了自我？」這一刻，我明白，適度的隱藏或許是必要的，但過度的隱藏卻讓我失去了真實的自己。

升上高中後，我開始嘗試了更多的課外活動，當中鋼琴亦是我最喜愛的。但在一次鋼琴比賽中，原本以為能如過往一樣旗開得勝，卻在評審階段輸給了其他人。在那次鋼琴比賽的失利，原本讓我陷入自我懷疑。直到整理樂譜時，發現老師在角落寫下「音符是活的，而你的心是僵硬的」。這句從未留意的評語，成了隱藏的一課。原本我執著於技巧的完美，卻忘記了音樂的本質是表達情感，亦如同我過於隱藏真實的自己，卻失去了充分表達自己的機會。此後，我的情感都會在我的音樂上流露出來，而在生活中亦懂得適當隱藏自己。在此基礎上，隱藏成為了我成長路上重要的一課。

我一直覺得隱藏是生活或是職場的利刃。在職場面對老闆的壓力，同事的關係，如若不懂得隱藏，反而會令你如坐針氈；如果懂得隱藏，就會令你面對職場上的嚴峻而如魚得水。而在生活中，良好的人際關係是幸福的基石，例如隱藏善意，匿名幫助他人，避免對方有心理負擔；吵架後亦會偷偷修復關係。在此時隱藏便是生活上的「呼吸閥」，必要時收緊，該綻放時亦絕不缺氧。生命的成熟，說到底是一場關於隱藏的修行。它教會我們：暫時的收斂不是退縮，而是為了更有力的伸展；適時的沉默不是懦弱，而是為了更響亮的發聲，如同利刃一樣。當隱藏成為珍貴的禮物，我們既能保護內心的柔軟，又能釋放靈魂的光芒。

ENGLISH

Writing Topic:

You are posting a restaurant review on the Cookery Club's website. Complete the restaurant review.

A Flavorful Experience at La Xiangxiang: A Must-Visit Dining Spot by Duan Siqi Kiki, 1A

Date: 1st April 2025

Price: \$200-\$300

Taste: ★★☆☆☆

Location: Mong Kok

Type of food: Chinese

Service: ★★☆☆☆

Review :

I went to La Xiangxiang with my Mum for dinner. The food in this restaurant was delicious.

I ordered a chopped chilli fish head and a chilli stir fried meat. They were all delicious. The fish meat with chopped pepper fish head was very tender. The chopped peppers were very fragrant and there were rice noodles inside. The stir fried meat with chilli was delicious and not too spicy.

My family and I often dine at La Xiangxiang, and it has become one of our go-to spots for dinner. The prices are very reasonable, especially considering the quality of the food. Despite its popularity, with many customers lining up to get in, the service is efficient, and we've never had to wait long for our meals.

I highly recommend visiting La Xiangxiang if you're looking for a delightful dining experience. The combination of great taste, reasonable prices, and a lively atmosphere makes it a must-try restaurant. You won't be disappointed!

Teacher's comments:

Your restaurant review is impressively organized and engaging! I love how you used vivid adjectives to bring the experience to life. It sounds so appealing that I'm tempted to visit the restaurant myself! Keep up the great work. Well done!
(Ms Chan Hoi Man, Carrie)



Writing topic:

Your class teacher has asked you to recommend a shopping mall for the newcomers in your class. You are going to share the shopping mall you like most with your classmates in this writing.

ABC Shopper's Spree

by Ko Wing Sum, Remy, 2A

Welcome to ABC Shopper's Spree, an absolutely astonishing shopping centre in Wong Tai Sin!

Shopping

There are a lot of shops for you to shop in at ABC Shopper's Spree. There are so many shops from around the world, so there will certainly be a shop that suits you! If you want to purchase fancy dresses or a vintage jacket, you can go to the boutique section. If you want some popular sneakers, you can go to multiple sportswear shops in different sections. Everything and anything is sorted for you, so you don't have to worry about finding shops.

Dining

Have you ever wished to taste many different kinds of meals? Well, there's no need to wish for that anymore! ABC Shopper's Spree has an entire floor filled with many types of restaurants, even a food court! From fast food to luxury restaurants, we have everything to suit your taste buds.

Entertainment

Tired of shopping? Want to have some fun? If you do, you can play in the arcade or skate in the ice rink! Is there a popular movie you haven't watched yet? You can watch it at the cinema! It's got so many types of entertainment that it'll take ages to try out all of them!

Promotions

Are things too expensive? No worries, because if you shop on weekdays, you can get a discount. It's for everybody and the promotion is also available during holidays!

There's no place like ABC Shopper's Spree. It's massive, beautiful, and the best shopping centre in Hong Kong!

Teacher's comments:

Ideas are relevant with details and creativity. Good use of vocabulary, such as 'suit your taste buds', and sentence structures, while grammar is mostly accurate. The leaflet is appealing to readers as the tone is engaging, with good use of questions in most of the paragraphs. Keep up the good work!

(Ms. Yuen Kei Yan, Aimee)

Writing Topic:

You are Monica Tam. You have read a news article about a local environmental group protesting against the air pollution in Hong Kong. You have decided to write a letter to the editor about the issue.

by Liang Tsz Ling, 3B

Dear Editor,

An environmental group protested against the air pollution in Hong Kong. Therefore, I am writing to express my opinion on the recent article in your newspaper focused on the disapproval of Hong Kong's air pollution. In my opinion, this problem has several causes.

At present, the main sources of air pollutants include the waste gases given off by vehicles and power stations. Nowadays, the amount of waste gases is still increasing each year since more people purchase cars and waste electricity. This problem is not only harmful to our health but also a major cause of global warming. Therefore, stricter measures are crucial, such as setting limits on the emission of waste gases.

Apart from local sources, the pollution from a variety of factories in mainland China is another major source. For instance, many factories in Guangdong produce a large number of air pollutants. These affect the environment of Hong Kong, especially the regions near Guangdong. Consequently, it is essential to work with the Chinese government to protect our environment.

If Hong Kong people and the government do not pay more attention to this problem, it will become more serious. Human activities, such as burning fossil fuels, may release carbon dioxide and other greenhouse gases that can contribute to severe flooding in coastal regions. In addition, more people using air-conditioners may increase the level of air pollution.

To conclude, I must state that I am in total agreement with your news article. I wish more people knew that there are effective solutions to this problem. By raising awareness among the people of Hong Kong, we can work together to solve it. I believe that we can all make a difference!

Yours faithfully,
Monica Tam

Teacher's comments:

Well done, Elaine! This letter presents well-structured and well-developed ideas on air pollution in Hong Kong. It effectively applied some key writing skills, and a wide range of vocabulary was used. The use of vivid language and sentence structures has enhanced the fluency and understanding of the readers. You have also provided some practical suggestions and powerful personal opinions in the letter. Keep it up! :)

(Ms. Cheung Ching Hei, Charmaine)



Writing Topic:

You are one of the editors of the school magazine.

Write a feature article on a city/tourist attraction in China.

Beijing – An Iconic and Enchanting Asian Metropolis

by Li Man On, Jonathan, 4A

Have you ever visited Beijing, a famous and wonderful city in Asia? In fact, it's one of the best international cities in the world.

The Imperial Palace is located in Beijing. It was the royal palace of the Ming and Qing Dynasties and was formerly known as the Forbidden City. It is located at the centre of Beijing's central axis. The Palace Museum has thousands of collections, among which **“Along the River During the Qingming Festival”**, **“A Thousand Miles of Rivers and Mountains”**, and **“The Night Revels of Han Xizai”** are the most famous.

The Great Wall of China is one of the eight wonders of the world. This winding wall served as a solid defense for ancient China against foreign enemies and protected the agricultural civilization from the invasion of

nomadic peoples. Today, the Great Wall has become a symbol of the civilization and spirit of the Chinese nation. It is usually crowded with tourists, and you can also see the red leaves all over the mountains. The Great Wall in early autumn has a more vibrant appearance.

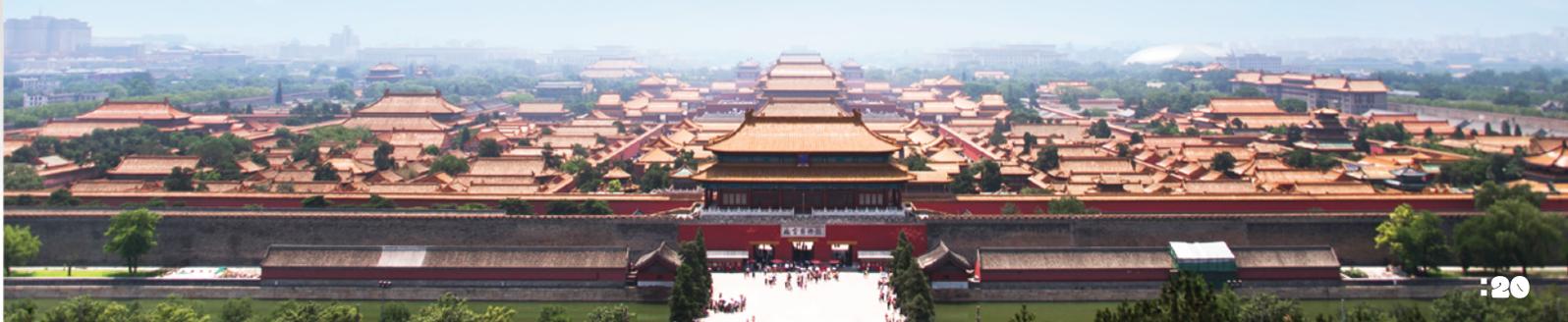
The Summer Palace is located in Haidian District, Beijing. It is the largest and best-preserved imperial garden in China. Although it is man-made, it seems to have been crafted by nature. Walking along the Kunming Lake in the Summer Palace and admiring the buildings and palaces, you'll find every tree adorned in autumn colours and every mountain bathed in sunset hues. It is full of splendour and poetic beauty.

Beijing is certainly a historical city worth visiting.

Teacher's comments:

This descriptive passage offers a vivid glimpse into Beijing's cultural and historical landmarks. The vocabulary is rich, and the structure flows well. However, be mindful of verb tenses and article usage. Consider varying sentence beginnings for enhanced readability. Overall, it's an engaging and informative piece that reflects thoughtful observation.

(Ms. Wong Nok Ki, Katie)



Writing Topic:

You are the chairperson of the English Club. The school will be holding the AI and English Week next month. You are nominated by your English teacher to give a speech in the morning assembly. Write a speech on “Technological advancements do more good than harm to mankind”.

Good morning, respected teachers and fellow students.

Today, I stand before you as the chairperson of the English Club to talk about a topic that is increasingly relevant in our lives - “Technological advancements do more good than harm to mankind”.

In our fast-paced world, technology has transformed how we live, work and communicate. One of the most significant benefits is the accessibility of information. The Internet has democratized knowledge, allowing us to learn from experts around the globe. Online platforms empower students to pursue education beyond the classroom, thus breaking geographical barriers. Moreover, advancements in healthcare have revolutionized medical practices. Innovations like telemedicine and wearable health devices enable us to monitor our health proactively, leading to early diagnoses and better treatment options. These technologies

by Cheung Tsz Ying, Alivia, 4B

save lives and enhance the quality of life for many.

Additionally, technology fosters connectivity. Social media and communication tools allow us to stay in touch with loved ones, share ideas, and collaborate across distances. This interconnectedness encourages cultural exchange and fosters understanding, making the world a more united place.

However, it is essential to acknowledge the challenges that come with technology, such as privacy concerns and the digital divide. These issues can be addressed through responsible use and regulation.

In conclusion, while we must navigate the complexity of technological advancements, the benefits far outweigh the drawbacks. Let us embrace technology as a tool for progress and strive to use it wisely for the betterment of humanity.

Thank you!

Teacher's comments:

This is a well-structured and thoughtful speech with clear arguments and strong vocabulary. The introduction effectively sets the tone, and each point is supported with relevant examples. To further enhance it, consider adding rhetorical questions or personal anecdotes for engagement. Overall, an impressive and persuasive presentation with excellent language control. Good job!

(Ms. Wong Nok Ki, Katie)



Writing topic:

Many parents in Hong Kong are sending their children to other countries to complete their schooling. Write an article for your school magazine examining two reasons for this phenomenon. You should also discuss the impact of this on local schools and on children who leave to study overseas.

The Overseas Education Trend: Weighing the Pros and Cons for Hong Kong Students

by Zhou Wing Yi, Wincy, 5A

In recent years, many parents in Hong Kong have been choosing to send their children abroad to complete their education. This phenomenon is driven by various factors.

First and foremost, one significant factor contributing to this trend is the education system in Hong Kong. The system is often characterized by a spoon-feeding approach, where information is delivered directly to students and rote memorization. This leads to an excessive reliance on teachers. In the long term, students may not develop problem-solving skills and creativity. Moreover, studying in Hong Kong means facing rigorous academic pressure due to heavy workloads and demanding schedules, along with fierce competition among students. In contrast, overseas schools emphasize participation and critical thinking. This educational environment encourages students to engage actively in discussions and develop independent thought. Thus, many parents choose to send their children abroad for a more enriching educational experience.

In addition, overseas schools provide greater opportunities for students. They provide a diverse curriculum that enables students to explore and discover their interests. They offer extracurricular activities, including a wide range of clubs and sports teams, that allow students to try new activities and develop their talents outside the classroom. Many parents believe that international schools excel in this aspect, which fosters a well-rounded education and personal growth for their children.

There are some impacts on local schools when a number of students study abroad. It will cause a number of closures of local schools because of many students choosing to migrate to other countries to study. As a result, local schools do not enrol an adequate number of students, so they might be forced to close. This also affects the staff in local schools. The teachers and staff may face a risk of unemployment due to the trend of falling enrolments.

There are also some impacts on students who study overseas. I believe that these students can



meet a diverse range of people, which is beneficial for students to learn about the different cultures of other countries. Furthermore, children can become more mature and independent when they study abroad, as they learn to take care of themselves by engaging in activities like cooking, folding clothes, and tidying up their rooms. In Hong Kong, many children are overprotected by their parents, which prevents them from developing these essential skills. As a result, they often rely too much on their parents. In the long term, this can lead to a lack of self-care abilities. Thus, studying abroad allows children to improve their independence and life skills.

However, there are negative impacts on the children. Children may encounter language barriers. In Hong Kong, children primarily communicate in Cantonese, which can make it difficult for them to adapt to environments where different languages are spoken. This challenge can affect their social interaction and learning experiences. Moreover, some children may experience homesickness, which can strain their relationship with family and friends.

To sum up, there are both pros and cons for students studying abroad. Parents can consider their children's needs to choose a better and suitable educational path for them.

Teacher's comments:

This writing presents a thoughtful analysis of the phenomenon of students studying abroad, particularly from Hong Kong. You acknowledge both the advantages and disadvantages of studying abroad, demonstrating a nuanced understanding of the topic. This balance adds depth to the discussion. You may consider adding personal stories from students or parents who have experienced studying abroad, which can make the writing more relatable and engaging. Good job overall, Wincy!

(Mr. Wun Tsz Kit, Jackie)

Writing Topic:

You are a part of the Debate Club. You are preparing for the debate competition with the motion: 'Artificial Intelligence (AI) should replace all workers.'

To prepare for the competition, your debate coach has asked you to write an argumentative essay arguing for OR against the motion and provide justifications.

Think Twice Before AI Acts

by Yeung Chun Ho, Dustin, 6A

In this day and age, we are gradually entering the era of AI. It is undeniable that AI has mushroomed recently. Many companies are considering whether they should replace workers with AI. Some even suggest that all workers need to be replaced by AI immediately, as they think that AI has the edge over humans in workplace. However, we cannot overlook the harm that AI might bring. I strongly disagree with the statement that "AI should replace all workers."

To begin with, certain job types cannot be replaced by AI. It is true that AI is capable of doing many tasks, but flaws can still be found in AI. Let me ask you a question: Would you like to watch a football match with AI players? Most people would answer 'No'. AI is simply less entertaining than humans, and each human has their own thoughts. On the pitch, we make different decisions. It is exactly because AI cannot think critically that it cannot reign supreme in every type of job. AI is apparently not capable of performing in roles that involve critical thinking, such as football players, artists, and CEOs. The claim that AI should replace all workers is exaggerated.

What's more, AI might bring disastrous results to workplaces - to be more specific, jobs that involve human lives. For example, if airplane security checks were done by AI and a plane exploded, who would take responsibility: AI or the person who replaces all workers with AI? Although human workers can make exactly the same mistake, can we forgive AI? AI is software created by humans. It would be extremely hard to find who is at fault and avoid making the same

mistake. We should by no means replace all workers with AI.

Furthermore, are we sure that we are fully in control of AI? What if AI is controlling us? This is a common topic in dystopian fiction. It is hard to say if AI is going to gain consciousness. The possibility that AI is gaining human emotions is not zero. In theory, if AI developed emotions and wanted to eliminate humans, it could. Therefore, replacing all workers with AI is a dangerous move. Elon Musk said that AI will soon be an upgraded version of humans, so stricter curbs on AI and supervision should be imposed very soon. For the sake of humankind, we have no reason to put ourselves at risk. Hence, I strongly disagree with the idea that AI should replace all workers.

Last but not least, AI is emotionless. It is not flesh or blood like us. Maybe in terms of effectiveness, AI is better than humans. However, effectiveness is not the only criterion to be a good worker. Workers need to have emotions and a genuine heart. If we see others in trouble, we help out. AI does not have this key factor to be a good worker. And this is what separates us from AI. If all workers were replaced with AI, human emotions would become extinct. In a word, AI does not have a caring heart. This is why it cannot be a good worker.

In conclusion, under no circumstances should AI replace humans. Unimaginable harm might be brought if this happened.

Teacher's comments:

The essay is very well presented, Dustin! Most ideas are expressed logically, supplemented with abundant and lively examples. I am particularly impressed by the argument that AI is emotionless, which reflects a very true and fundamental fact - some jobs require humanity rather than only accuracy. A truly convincing piece of work; keep up with your good work, and all the best wishes to your DSE!

(Mr. Wong Kai Cheung, Casey)



Beyond Automation: The Irreplaceable Value of Human Workers

by Cabrera Alexandra, 6A

I am completely against the motion that Artificial Intelligence (AI) should replace all workers. This idea might appear to be sound and provide an ultimate solution to all problems. However, in reality, it is a naive thought, and deep down, there are too many loopholes that people who agree with this statement have neglected. As it is stated that AI should replace all workers, that entails jobs in all categories, be it administration, healthcare or entertainment. Although AI can benefit us in numerous ways, it does not have the capabilities to deal with human beings, who require empathy and emotional understanding. I am going to dive into my arguments in the following.

Some jobs have emotional requirements that AI is completely unable to fulfill. The most convincing example is the healthcare industry. You might think that AI can completely replace a doctor and a nurse as a whole. In the medication aspect, as well as handling physical wounds, it may be plausible for AI to take care of patients. However, what about cancer patients? The patient is dying of old age? To be stuck in an all-white room while being tied down to your bed with no comfort from a human being would be a nightmare for these patients. Although visiting hours allow patients to see their loved ones, it is not for a long period of time. Their health situations will only deteriorate slowly while facing the cold AI machines for the rest of their lives. This will bring huge damage to their mental health as well, which will worsen their situations promptly, as the condition of their mental health has a strong correlation to their physical state. Therefore, it is more beneficial to have human doctors and nurses, with AI only serving as an assistant, is more ideal.

On top of that, another vivid example would be that AI can never replace adventurous jobs like teachers. To leave your children unattended by non-human beings to take care of would lead to a predictable disaster. The children from primary school levels to teenagers are still undergoing the development stage, which means, in other words, they may be rebellious and curious about different issues in society. That is to say, higher chances of conflicts, without a supportive adult to guide them about their beliefs and wrongdoings, will occur. The absence of a mediator will cause damage to our next generations.

Regarding the negative influence on society if AI replaces all workers, not only the current workers but

also the future leaders will be adversely affected. Most employees will face a huge finance burden as apparently with AI, their job opportunities will be further limited. Worse still, the current pupils at school will then lose the purpose of schooling and education, which will cause a huge setback to their ability to socialise with others. With the loss of jobs, many people will no longer know the needs of all walks of life. AI, on the other hand, will further be developed and advanced, resulting in an obvious increase in robots and their significance.

Another pressing issue is the predetermined fall of society. The concept of society is to learn how to coexist with each other, so that society can become sustainable. If jobs are deprived of AI, people will learn nothing, and every human being will become indifferent. Instead, we will just seek help from robots. The connection between people will fade away. A relevant example is the rise of remote work during the COVID-19 pandemic, where tools like Zoom continued collaboration but also highlighted issues of isolation among employees. Many workers felt disconnected without face-to-face interactions, prompting companies to implement virtual team-building activities and mental health resources to foster connections. This situation underscores the need for a balance between leveraging technology and ensuring human relationships remain strong, as an over-reliance on tech can lead to indifference and isolation in a society increasingly influenced by AI. We are in the post-COVID era now, so do we want to be disconnected among ourselves again?

In conclusion, we cannot deny how convenient and effective AI is. Nevertheless, as human beings, never should we rely solely on technology and weaken our own significance. I am therefore firmly against the statement that “AI should replace all workers”. Alternatively, why don’t we seek ways to coexist with AI and build a brighter future together?

Teacher’s comments:

Alex, congratulations! I did not expect that your writing in this mock exam could be as beautiful as in your daily writing. I enjoy reading your arguments as they are simply concise, convincing, and comprehensive. The choice of words, in particular, is magnificent and able to effectively deliver your ideas. I can’t wait for your good news in your DSE results! (Mr. Wong Kai Cheung, Casey)



商校聯乘企劃

SOFINA 香港 40 周年 X 基協中學商校聯乘企劃

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3A 何傑強 3A 梁芷翎 5A 葉凱澄 4A 朱倩婷 2A 陳紫玉 5A 黃賽雯 4A 李民安



同學們首次到花王香港總公司與 SOFINA 副總裁（左三）及多名市場經理進行會議。

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同學們對包裝圖案的設計進行討論及調色。



手繪稿



電繪初稿

最後決定以紫荊花與櫻花為設計主調，寓意SOFINA到香港發展40周年的融合。

5A 黃賽雯設計花卉手繪圖



從包裝設計的手繪草圖、初稿到最終定稿的整個過程中，同學們不僅學習到如何與客戶有效地溝通，也能深入了解商業公司對產品設計在細節與市場定位上的高標準與具體要求。



最終定稿



商校聯乘企劃



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KEI HEEP



手工放入永生花瓣，再注入香水，同學們都親力親為。



最後入盒包裝完成。



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基協中學師生品牌亦登上 SOFINA 網頁版



為 SOFINA 設計調配的
淡香水 "Whisper of Gratitude"
"A Blooming Vow" 及感謝咭



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花王高級品牌經理 朱祉澄女士 (左三)
花王助理品牌經理 雷舒程女士 (左二)
羅裕安校長 (左五)，黃煥輝副校長 (左一)
與代表同學合照

獲邀出席 SOFINA 40 周年發佈會，
一同見證產品推出市場。



VISUAL ARTS



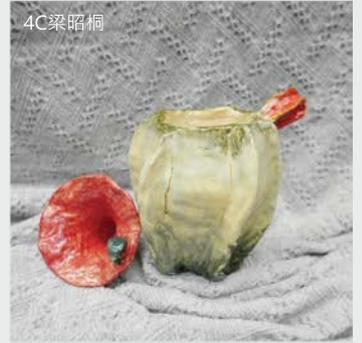
4C 黃芷澄



5A 黃賽雯



5C 林沁怡



4C 梁昭桐



5C 林沁怡



春夏

初階陶瓷作品

創作主題：四季心語·陶煉生命

導師：視藝科關健牛老師

創作媒介：陶瓷

創作簡介：以四季流轉為鏡，映照生命成長的韻律。學生透過初階陶瓷創作，將春之生機、夏之熾盛、秋之豐收、冬之沉靜，化為四款彩繪陶作。以陶土承載自然循環的哲思，雕繪草木枯榮、日月流轉，喻示人生不同階段的挑戰與饋贈。透過雙手觸摸泥土的溫度，學習接納變化、培養韌性，在創作中體悟——每段旅程皆有其意義，如四季般獨特而完整，終成屬於自己的生命風景。



5A 黃賽雯



3C 蔡雪宜



4C 伍洛儀

秋冬



5A 陳梓君



5A 陳梓君



4C 黃芷澄



4C 黃芷澄



5C 林沁怡

香港賽馬會社區資助計劃：「有種藝術」社區藝術計劃

藝術家駐校計劃_半浮雕藝術創作

題目：內在正能量

導師：到校藝術家曹涵凱老師、視藝科關健牛老師

展覽時間及地點：2025年3月1日至14日，荃灣愉景新城

創作媒介：陶瓷

創作主題：生命是一本故事書，每段經歷造就了獨特的我們。因此當我們打開別人的生命故事書時，應着眼於其非凡的意志，而非不同的能力。

是次創作，同學們會從認識不同能力人士的生命故事為起點，並以深刻的經歷作為創作藍本，進行陶瓷半浮雕彩繪創作。學生將人物的特徵、成就及所受到的啟發等一一呈現在心臟外型的陶泥上。希望透過陶瓷作品讓每個觸動人心的故事在社會中「被看見」，同時勉勵年輕人培養正向信念、心理韌性，在面對窘局時懷着勇氣，克服挑戰。





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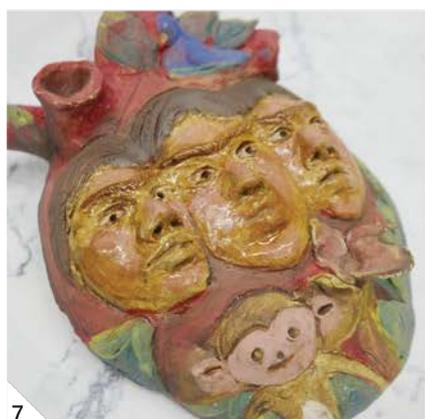
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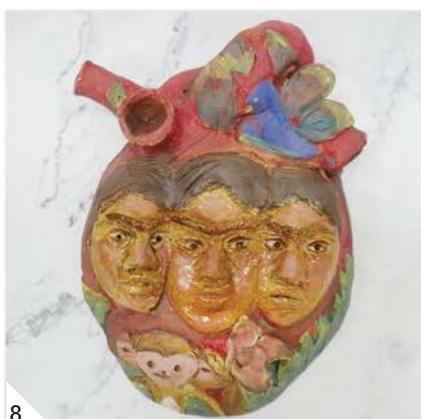
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11



12



13

- 1-2: 4B 林慧琪
- 物理學家_史蒂芬·霍金
3: 5C 羅康言
- 音樂家_路德維希·范·貝多芬
4: 5C 林沁怡
- 插畫家_黃裳

- 5-6: 5A 黃賽雯
- 插畫家_黃裳
7-8: 4C 黃芷澄
- 藝術家_芙烈達·卡蘿
9: 4C 伍洛儀
- 戲劇教育工作者_陳衍泓

- 11: 5B 林震豪
- 演講家_力克·胡哲
12: 5A 陳梓君
- 輪椅舞者_司徒笑霞
13: 4C 譚淑瑩
- 唱作歌手_史提夫·汪達



「美學協基」

KEI HEEP
AESTHETIC GALLERY



YUET TUNG CHINA WORKS
HONG KONG

港瓷



之美

「港瓷之美：港彩瓷器體驗工作坊」——基協中學聯乘粵東磁廠舉辦工作坊，讓大家了解手繪廣彩瓷器的工藝文化，親手製作一隻屬於自己的瓷盤！

「粵東磁廠」——自1928年起紮根香港，是香港碩果僅存的手繪廣彩瓷器廠。

主辦：中華基督教會基協中學



【 港瓷之美：港彩瓷器體驗工作坊 】

粵東磁廠是一家擁有近百年歷史的手繪廣彩瓷器工藝廠，致力於延續和傳承廣彩製作技藝。作為香港少數仍保留這項傳統工藝的廠家，粵東磁廠的作品榮獲香港非物質文化遺產認可，每件作品都承載著手工藝的細緻技術與文化的深厚底蘊，展現了廣彩瓷器的獨特韻味。

基協中學聯乘粵東磁廠舉辦工作坊，讓同學們了解香港手繪廣彩瓷器的工藝文化，親手製作一隻屬於自己的瓷盤！

是次工作坊由粵東磁廠第三代傳人曹志雄先生、太太曹葉正嬌女士及女兒曹嘉彥女士親自教授同學繪畫白瓷碟，由印模，選色，執筆，上釉到描邊的技巧都傾囊相授，讓同學們學習運用釉上彩技法，在一隻7吋的圓窩瓷碟上繪畫，創作出個人作品。

【 港瓷之美：同學作品 】



曹志雄先生



曹葉正嬌女士



曹嘉彥女士



入選作品
感恩我遇上

作者：許慧兒 6A
尺寸：46 X 60 cm
媒介：麥克筆

第八屆香港中學生傑出作品展2023

特設「城市故事」及「我的老師」兩大主題，藉以鼓勵參賽同學一筆一劃記錄所見所聞，以畫作呈現出一個個動人故事。評審團從1000多幅作品中精選66幅傑出作品並於城大校園內展出。許慧兒同學作品“感恩我遇上”成功入選並於城大校園內展出。

12 星座主題第五屆電繪創作比賽
- 青年組冠軍



作品
光明裁決
作者：楊蔚言 5B
媒介：電繪

創作意念：在深邃夜幕下，天秤座守護者手持閃耀聖光的天秤，巍然矗立。金色光芒如利劍刺破黑暗，象徵絕對的平衡與正義。守護者以星辰之力驅逐混沌，每一道光芒都是對秩序的捍衛。這幅圖像詮釋了光明戰勝黑暗的永恆瞬間，展現星座守護者的神聖使命與磅薄力量。

2023 國壽小畫家 - 銅獎



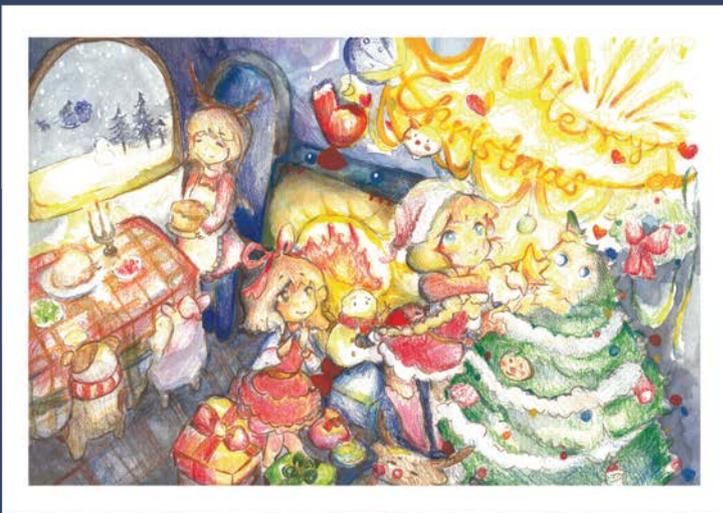
作品
桐想未來
作者：梁昭桐 2C
媒介：木顏色
水彩
馬克筆

創作意念：《桐想未來》以機械八爪魚隱喻工業污染，其觸手如水管吞噬海洋。畫面穿梭於荒蕪沙漠與深藍水域，映照生態失衡的危機。末段瑰麗山河悄然重現，暗示希望仍存——唯有覺醒與行動，方能觸碰永續的未來。作品以視覺詩篇呼籲人與自然共生。

夢幻聖誕節的奇妙世界繪畫比賽
青少年組_冠軍

作品
聖誕前夜

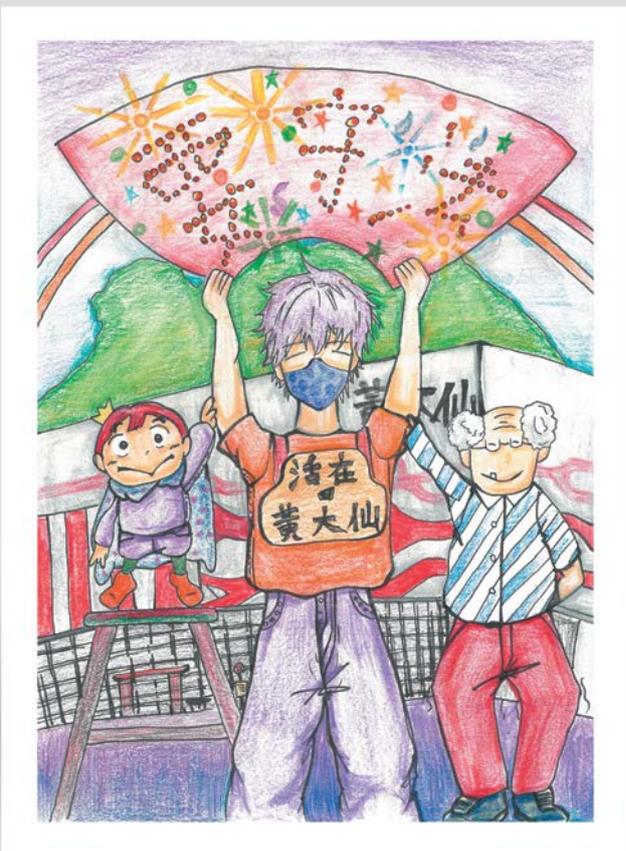
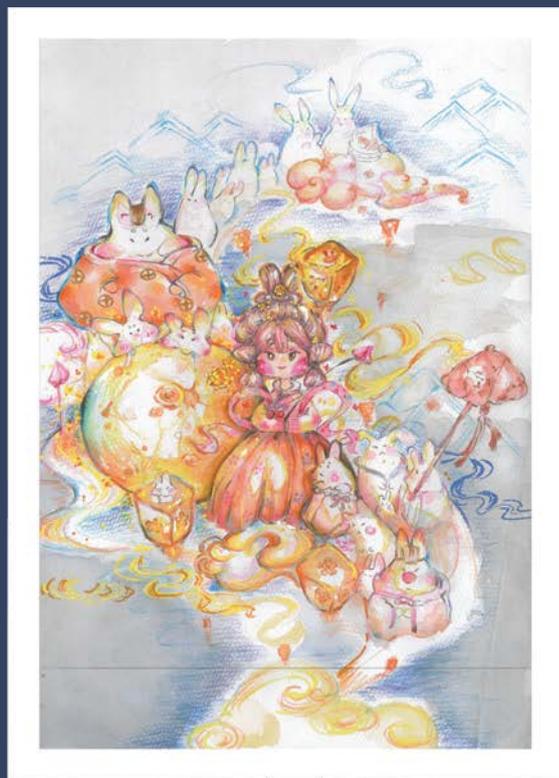
作者：黃賽雯 4A
媒介：木顏色、水彩



月下詩情中秋繪畫比賽_冠軍

作品
月夕星使

作者：黃賽雯 4A
媒介：木顏色、水彩



2023家在黃大仙中學組海報設計比賽

亞軍作品

守護黃大仙 · 彩虹下的誓言
作者：林震豪 4B
媒介：木顏色、水彩

季軍作品

獅子山下的警醒
作者：梁芷翎 2A
媒介：木顏色、水彩



禮贊香江

作者：羅康然 3C

媒介：電繪

創作意念：本畫作以慶祝香港回歸為主題，核心描繪璀璨的金紫荊雕塑，並環繞中銀大廈、鐘樓、天壇大佛等標誌性景觀。畫面以鮮紅彩帶串聯全幅，象徵喜慶連結，燦爛煙花於天際綻放，營造出熱烈歡騰的節日氛圍，展現香港繁榮穩定與中央深情獻禮的動人時刻。

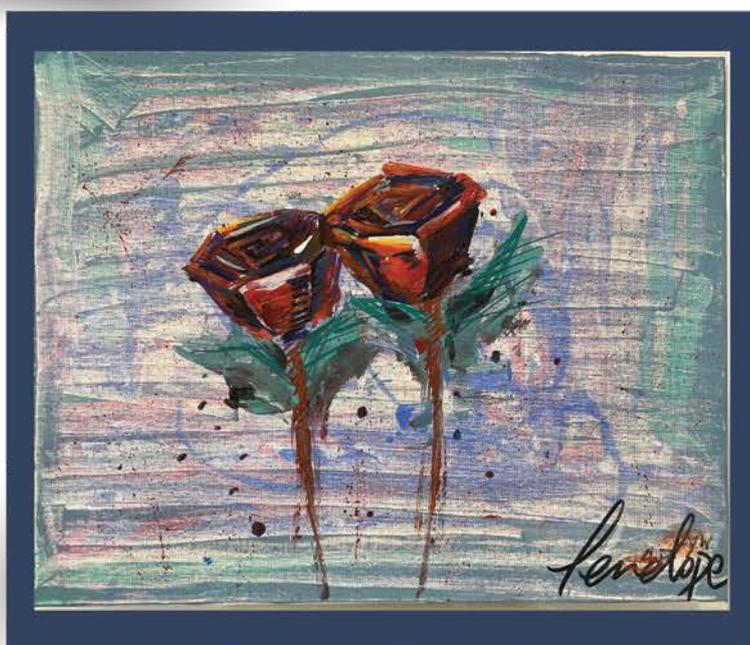


Love & Hope

作者：陳彥文 3B

媒介：丙烯

創作意念：在藍紫色混沌背景中，兩支紅玫瑰傲然綻放。凌亂筆觸象徵世間的動盪與挑戰，而灼灼盛開的玫瑰則以鮮烈色彩訴說永恆主題——愛與希望從不因黑暗褪色，反而在混沌中更顯熾熱，宛如黑暗中永不熄滅的雙重火焰，靜靜傳遞著溫柔而堅定的力量。



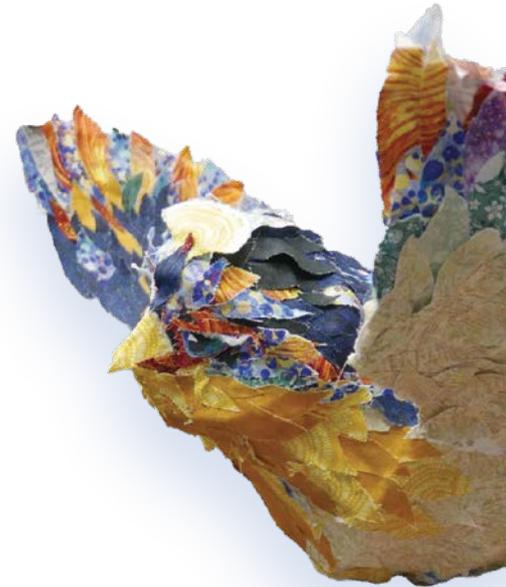
機械貓

作者：陳聖東 6A

媒介：水彩、木顏色、圓珠筆、勾線筆

創作意念：機械貓半身像以黑白色為主，輔以少量彩色勾線，凸顯冷峻科技感。透過強烈明暗對比與機械結構細節，塑造視覺衝擊力，展現未來與生命的奇幻交融。

我校5A陳梓君同學、5B林震豪同學獲邀代表學校，成為活動導賞員，為民眾講解作品的創意意念



藝術·我敢創！——「學校起動」計劃藝術教育項目

展覽主題：敢想敢創、展翅高飛_聯校展覽

展出地點：中環7號碼頭及天星小輪「螢星」(上層)

展覽時間：2025年5月23日至6月5日

藝術家支持團隊：破格空間團隊 Breakthrough

導師：Mr. YUK、Ms. Cecilia、關健牛老師

創作媒介：小鳥 布藝雕塑(鐵線、織物、棉線)

創作主題：數十隻小鳥作品展示在天星碼頭行人天橋上，與自然環境互相呼應，吸引觀眾停下細心逐一欣賞。是次創作將以雛鳥喻作青少年，希望在他們成長過程保持正向心態，學會欣賞自我，定下夢想，期望他們都能一一翱翔天際。

林震豪 5B



陳承雋 5B



黃賽雯 5A



羅康言 5C



林沁怡 5C



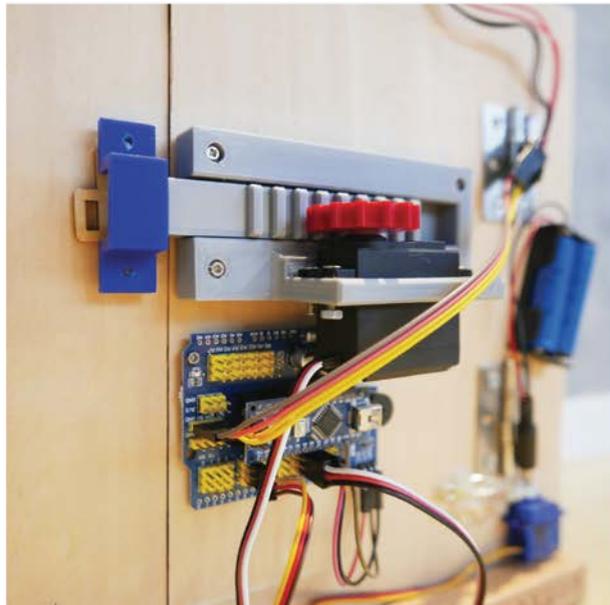
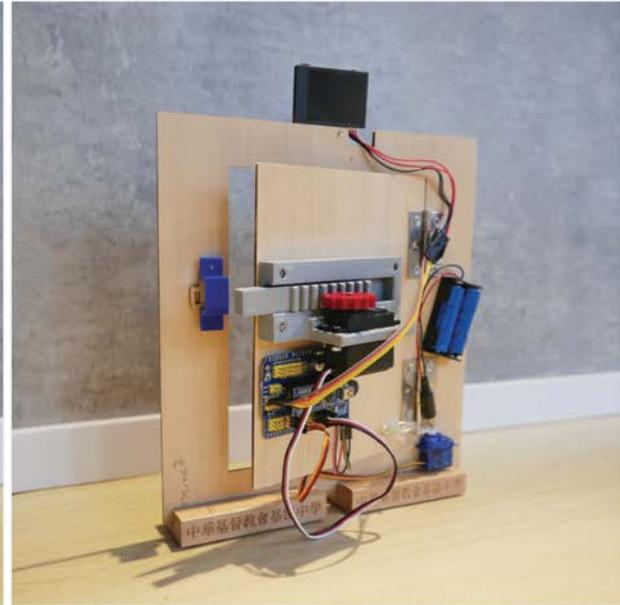
譚淑瑩 4C



陳梓君 5A



STEM



智能防詐電子門鎖：守護長者的安全好幫手

參與學生: 4A 曹家晞 2C 蔡嘉瑋 2A 梁啓照 2A 羅天賜

材料: Husky Lens, Arduino Uno, Servo Motor, Electric Lock, Battery, Wooden Board

近年來，針對長者的詐騙案件頻發，不法分子可能會假冒親友、推銷員或維修人員，誘騙長者開門，繼而進行詐騙或盜竊。為幫助長輩們更安全地把關家門，基協學生設計了一款「智能防詐電子門鎖」，結合 Husky Lens 人臉識別模組、Arduino Uno 控制板和 Servo Motor (伺服馬達)，讓長者能輕鬆辨識來訪者身份，避免受騙。

裝置功能與運作原理

1. 人臉識別把關訪客身份

這款電子門鎖的核心是 Husky Lens AI 鏡頭，它能快速且準確地識別人臉。我們可以預先錄入家人、親友或訪客（如看護、鄰居）的臉部資料，建立「安全名單」。當有人按門鈴或靠近門口時，Husky Lens 會自動掃描到訪者的臉：

若比對成功（是安全名單內的人）→ Arduino Uno 會啟動 Servo Motor，自動解鎖開門。

若比對失敗（陌生人或未授權者）→ 門鎖保持關閉，防止可疑人士進入。

2. 免手機、免鑰匙，操作簡單

許多長者不熟悉智能手機或複雜的電子設備，因此這款門鎖無需連接網路或手機，完全獨立運作，長輩只需「露個臉」就能開門，省去帶鑰匙、記密碼的麻煩。

3. 自動開門，生活更便利

除了防騙功能，這款裝置還能提升日常便利性。例如：

當長者雙手提著菜籃或行李回家時，門鎖會自動識別並開門，無需找鑰匙及開門。

減少長者因忘記帶鑰匙而被鎖在門外的困擾。

裝置特色與優勢

- ✔ 防詐騙 → 阻擋陌生人隨意進入，降低受騙風險
- ✔ 操作簡單 → 長者無需學習複雜操作，臉部對準鏡頭即可開門
- ✔ 低成本、易安裝 → 使用 Arduino 和常見電子元件，適合推廣至社區長者住宅
- ✔ 無需智能手機 → 不依賴網路或 App，避免長者因科技隔閡而無法使用

應用場景

這款裝置特別適合：

獨居長者：避免被假裝親友或推銷員的騙子誘騙開門

長者中心或社區住宅：管理訪客進出，確保住戶安全

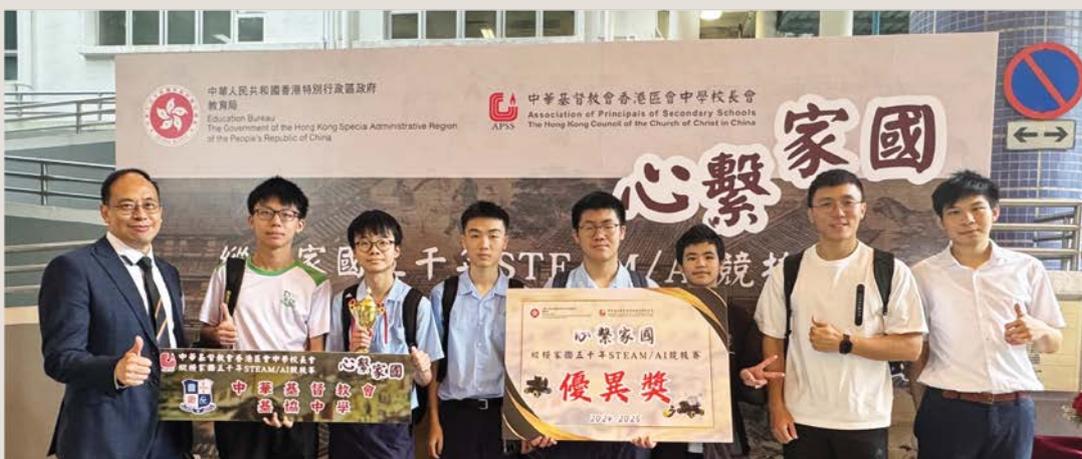
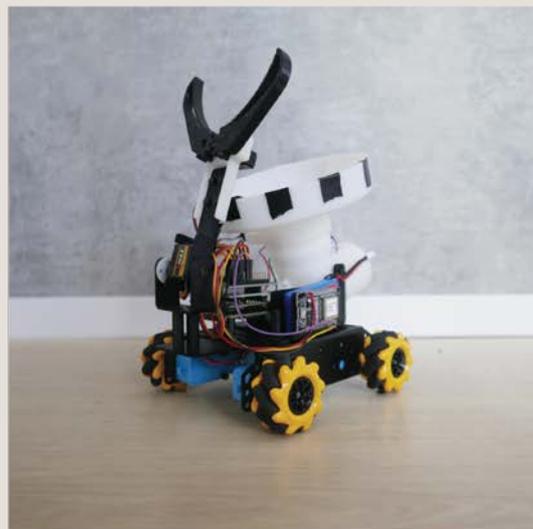
一般家庭：作為傳統門鎖的升級，讓全家進出更便利

未來改良方向

目前的原型機已能實現基本人臉辨識與自動開門，未來可進一步優化：

- ◆ 增加 語音提示（如：「歡迎回家」或「陌生人來訪，請小心」）
- ◆ 結合 警報系統，當陌生人多次嘗試開門時發出警示聲。
- ◆ 擴充 多用戶管理，方便家人遠端更新安全名單。





2024/25 學年由中華基督教會校長會舉辦 「CCC心繫家國3.0」縱橫家國五千年 STEM/AI 競技賽 - 優秀獎

參賽隊成員

2C 蔡嘉瑋 2C 劉天樂 2A 羅天賜 2A 梁啟照 3B 余筠林

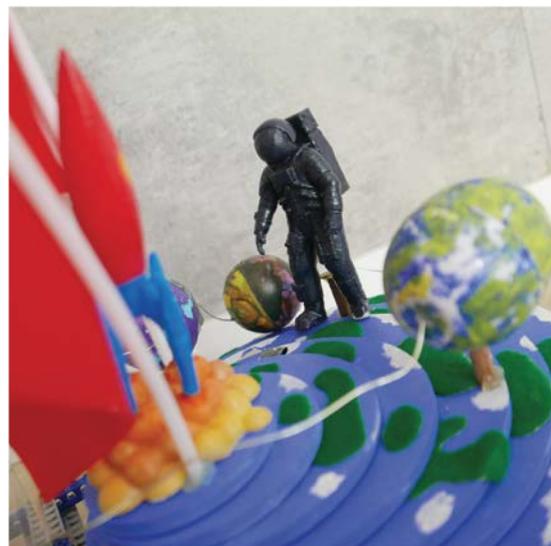
以 STEM 技能為基礎，配合國民教育主題，舉行聯校 STEM/AI 競技賽。比賽設大量國民教育相關題目，學生透過製作兩輛小車，再將有關答案運送至適當的回答區域。過程中，學生需要學習人工智慧、編程、中史、國家地理及國情發展等知識及技能。



機械人學會和香港科技大學舉辦
2025 ROBOFEST- ROBOPARADE
創意機械人巡遊高級組- 銅獎

參賽隊成員
2C 蔡嘉瑋 2A 梁啟照 2A 吳蔚藍 2A 劉思琪

創意機械人巡遊的參賽者需要製作一台符合本年度主題 - Across the Universe ·
並可沿黑色路線行走和與前一台機械人保持距離的機械人。
裁判會按機械人的結構、互動功能和美觀程度評分。



影音媒體製作小組



《半島與驚濤》

何家瑩 3B

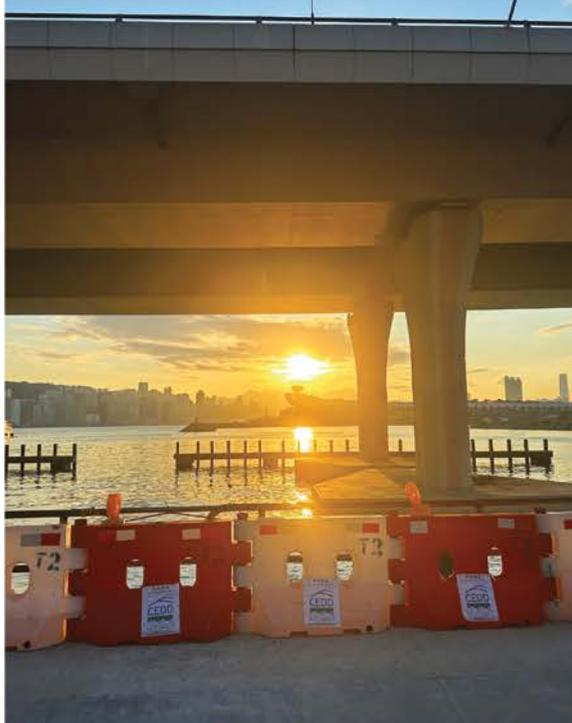
攝於尖沙咀半島酒店門外

夕

夕·三部曲

何嘉怡 4B

日落作品攝於觀塘及尖沙咀一帶。



《路障無阻夕陽之美》



《欄柵繾綣餘暉》



《斜陽鋪就黃金路》

《暢泳維多利亞港》

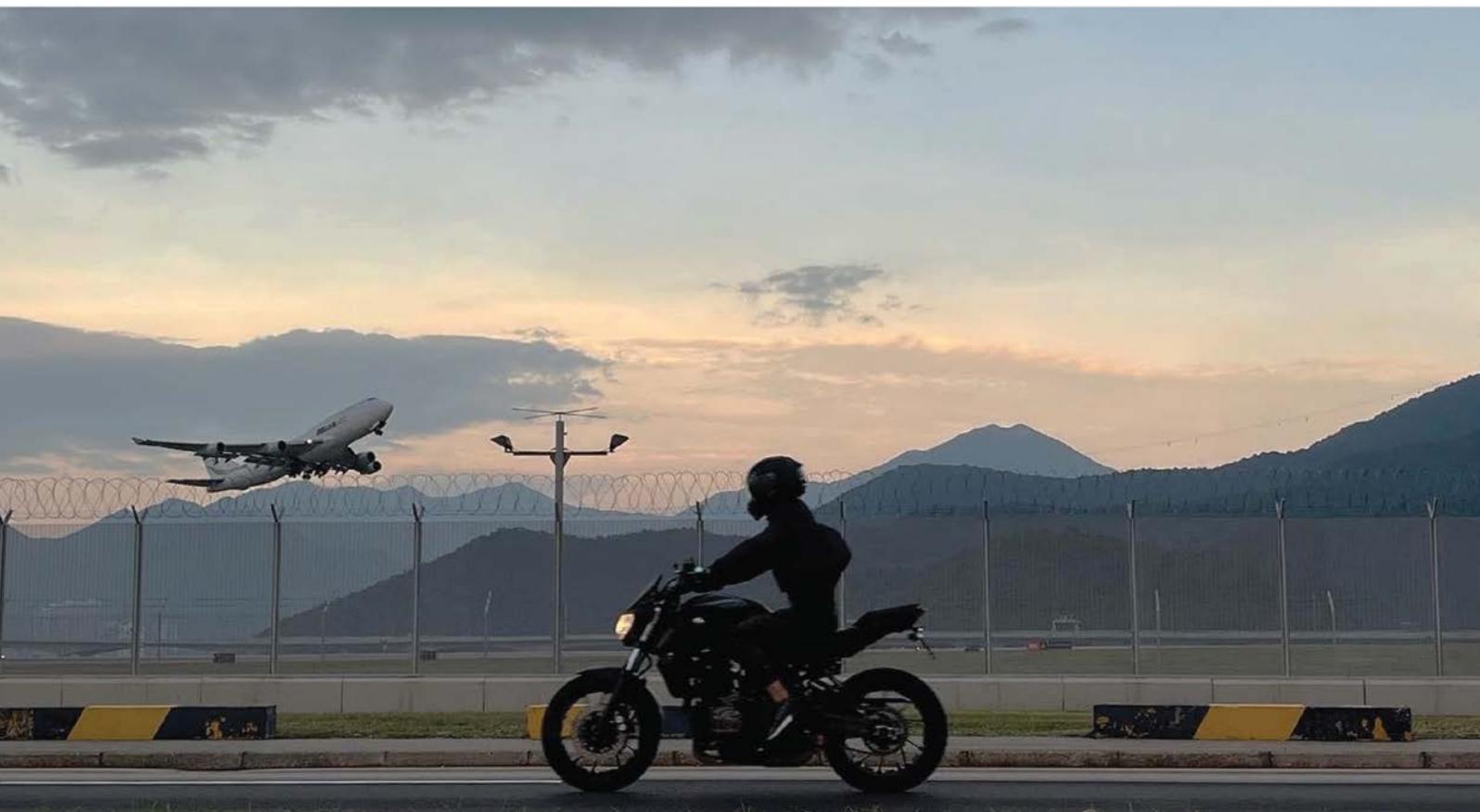
李梓誠 5B
攝於中環海旁



《相遇》

李梓誠 5B
攝於機場維修區

就在某個剎那，它們的軌跡在交匯，構成了眼中轉瞬即逝的永恆



科技與生活 · 服裝

《香港非物質文化遺產清單》 傳統旗袍製作



何嘉怡 3B
曹小為 3B

鄺立言 3C
何希堯 3C



陳海越 3B
雷英杰 3B



何傑強 3B
郭銘鴻 3B

梁昭桐 3C
劉芷晴 3C



李夢竺 3B
陳慧婷 3B
郭銘鴻 3B

梁芷翎 3B
安子薇 3B



陳錦潤 3B
李梓朗 3B

蘇梓涵 3C
陳國豪 3C



「旗袍」

早已於2008年被中國列入《國家級非物質文化遺產代表性項目名錄》，香港政府也於2017年公布首份《香港非物質文化遺產清單》，其中旗袍相關項目歸類於「傳統手工藝」下的「長衫製作技藝」。

課程特色及意義：

回應香港政府的「傳承手藝」元素：
本校同學在科技與生活(服裝)課堂上，學習「長衫手工藝」

認識中國傳統圖案設計：

透過繪畫旗袍設計，由繪畫紙樣到選布，由剪布到縫製，最後完成一件屬於自己專屬的旗袍

欣賞中華傳統文化的美：

在製作旗袍過程中，同學認識中華傳統文化的「傳統手工藝」

結語：

這種學習體驗，讓同學能從內到外認識中華文化的美。從同學的作品中，感受到同學對祖國和中華文化的熱愛，全面提升同學對中華文化學習的興趣，遠比文字灌輸更具穿透力。難怪有一位蘇州非遺傳承人說：「旗袍的曲線不是畫出來的，是懂人體骨骼的裁縫「燙」出來的」。